

## Universal Academy

## SEPTEMBER 2024 (K-8) LUNCH MENU

**TUESDAY** 

Macaroni & Cheese

Garlic Breadstick

Marinara Sauce (1/2c)

Steamed Broccoli (1/2c)

Watermelon/Grapes

2nd Choice

Nacho Tortilla Chips

Cheese cup/ Mild Salsa

Melted Cheese (1oz)

Nacho Tortilla Chips (2oz)

Kidney Beans/ Avocado

Marinara Sauce (1/2c)

Banana/ Apple

2nd Choice

PB & Jelly/W.G Crackers

Triple Cherry Yogurt (4oz=1oz)

W.G Steamed Rice

Sahawea Sauce (1/4c)

Cucumber Yogurt Salad

Zucchini (1/2c)

Lamb Haneeth

Beef Tacco (2oz)



All Meats & Poultry are HALAL

**GREAT NEWS!!!!** All of our students have been approved to receive Breakfast and Lunch meals at No Cost to Them , FREE

September 2nd, 2024 No School: Labor Day Break

This institution is an equal opportunity Provider

Milk Choice of 1% Chocolate or Strawberry, & FF or 1 % White served with each lunch & breakfast



## LUNCH PRICES **FREE FOR ALL STUDENTS**

Additional Lunch Meal may be purchased at A la Carte price. **Lunch Served** Monday-Thursday

> MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today??? Drop us a note let us know !!! Suggestions are Welcome !!!

If you need any further Information. Please contact-Mrs. Salma Koubaa (313)581-5006 Ext.120

## Labor Dav Break Chicken Patties/ W.G Bun Baked Fries (1/2c) Sweet Potatoes (1/2c) GingerGold Apples Fresh Orange/ Ketchup 2nd Choice PB & Jelly/W.G Crackers Cheese String Turkey & Cheese Bagel Baked Fries (1/2c) Carrot Sticks (1/2c)

MONDAY

2nd Choice Vegetarian Chicken Nuggets Cheese Breadsticks Mild Salsa Sauce (1/2C) Steamed Broccoli (1/2C) Fresh Sliced Orange Fruit Cup (1/2c) 2nd Choice PB & Jelly/W.G Crackers

Cheese String Hamburger/ W.G Bun Baked Crispy Potato Wedges Sweet Potatoes (1/2c) Diced Fruit Cup Fresh Apples 2nd Choice PB & Jelly/W.G Crackers

Cheese String

Watermelon

Gingergold Apples/fruit

Gingergold Apples/orange 2nd Choice Nacho Tortilla Chips Cheese cup/ Mild Salsa PB& Jelly swd Sweet Potatoes (1/2c) Baked Fries (1/2c) Watermelon Cantaloupe 2nd Choice Nacho Tortilla Chips Cheese cup/ Mild Salsa

1-0ct 2-Oct Bean Burrito Swd Steamed Carrots & Peas Kidney Beans (1/2C) 100% Mango Juice Sliced Oranges 2nd Choice Nacho Tortilla Chips Cheese cup/ Mild Salsa

WEDNESDAY 4 2oz M/MA & 3oz.eg Grains 5 W.G Cheese Pizza (1/8R/O) Carrot Sticks (1/2c) Hummus (1/2c) Celery Sticks (1/2c) Cantaloupe/ Apples 2nd Choice PB & Jelly/W.G Crackers

Cheese String 11 2oz M/MA & 3oz.eg Grains W.G Cheese Pizza (1/8R/O) Baby Carrots (1/2c) Fava Beans Pizza Crisps (1Ea=1/2c) 100% Slushie Juice Fruit (1/2c) 2nd Choice Nacho Tortilla Chips

Cheese cup/ Mild Salsa 18 2oz M/MA &2oz.eg Grains W.G Cheese Pizza (1/8R/O) W.G Veggies Pizza (1/8R/O) Greek Salad (1c=1/2c) Hummus (1/2c) 100% Juice/ Fruit

2nd Choice PB & Jelly/W.G Crackers Cheese String

25 2oz M/MA & 3oz.eg Grains W.G Cheese Pizza (1/8R/O) Carrot Sticks (1/2c) Celery Sticks (1/2c) Gingergold Apples Green Pears 2nd Choice Cheese Quesadilla

2nd Choice

Vegetarian Chicken Nuggets

\*\*\*\*\* Count Day \*\*\*\*\*\* W.G Cheese Pizza (1/8R/O) Baby Carrots (1/2c) Casear Salad (1c=1/2c) 100% Juice/ Apple

W.G Oatmeal Choc chip Cookie PB & Jelly/W.G Crackers

Fava Beans Pizza Crisps (1Ea=1/2 Onion Rings (1/2c) Red Seedless Grapes/Kiwi Ketchup 2nd Choice PB & Jelly/W.G Crackers

Triple Cherry Yogurt (40z=10z) 3-Oct Chicken Patties/ W.G Bun Coleslaw Salad (1c=1/2c) Sweet Potatoes (1/2c) Strawberries/ Banana Ketchup/ BBQ sauce

2nd Choice

Chickpea Chocolate Cup

**THURSDAY** 

Hot Dog/ W.G Bun

Baked Waffle Fries (1/2c)

Onion Rings (1/2c)

Sweet Potatoes (1/2c) Banana/Gingergold Apples

2nd Choice

Nacho Tortilla Chips

Cheese cup/ Mild Salsa

Grilled Cheese Swd

Steamed Broccoli (1/2c)

Red Seedless Grapes

Green Seedless Grapes

2nd Choice

Bean Burrito Swd

Chicken Nuggets/ Hot sauce

Breadsticks (1.5oz)

Sweet Potatoes (1/2c)

Steamed Carrots (1/2c)

Strawberries/Kiwi

2nd Choice

Nacho Tortilla Chips

Cheese cup/ Mild Salsa

Fish Sicks/ W.G Crackers

Tomato Soup/ Celery Sticks

Half Day No Lunch Breakfast only

FRIDAY

Half Day No Lunch Breakfast only

Half Day No Lunch Breakfast only

Half Day Students & STAFF No Lunch Breakfast only

Half Day No Lunch Breakfast only

4-Oct

FRUITS & MILK ARE SERVED WITH EVERY MEAL

Fruits offered could be in any of the following forms (fresh, frozen, 100% Juice, dried, or canned in lights syrup/Juice) MILK OPTIONS (1% OR FF WHITE, 1% CHOCOLATE OR STRAWBERRY)

CHOOSE 3 COMPONENTS INCLUDING A FRUIT AND/OR VEGETABLE FOR A REIMBURSABLE FREE MEAL!!!