



UNIVERSAL ACADEMY

March 2025 K-12 BREAKFAST MENU



- Cereal Choices**
 Trix Bowl / Bar
 Coco Puffs/Bar
 Cheerios Mix
 Rice Chex
 Yogurt Parfait
 Straw. Banana
 Raspberry
 Vanilla
- Muffin Choices**
 Chocolate Chip
 Blueberry
 Apple cinnamon
Donut Choices
 Powdered

This institution is an equal opportunity Provider

All Meals are served With 100% Juice and Fruit (fresh, Canned, Dried, or Frozen) Students **MUST** take Fruit and/or Juice with their

Milk Choice of 1% low-fat Chocolate, 1% low-fat unflavored, 1% low-fat Strawberry or Soy are served with each Meal

BREAKFAST PRICES FREE FOR ALL STUDENTS
 Additional Breakfast Meal may be purchased at A la Carte price.
 Breakfast Served M-F

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Let us hear from you How was your breakfast today ? Suggestions are welcome!!!

If you need any further information, Please contact Mrs. Salma Koubaa at (313)581-5006 Ext. 120

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-Mar Goodyman mini donuts Or Apple Oatmeal Bar W.G Goldfish Crackers <i>Fresh Apple</i> <i>100% Apple Juice</i>	4-Mar W.G Croissant (2oz) & Lite Cream Cheese Or Apple Oatmeal Bar W.G Cheez-it Crackers <i>Pears/100%Fruit juice</i>	5-Mar Cheerios Cereal Bowl W.G Chat Snax Crackers Or Cinnamon Taost Crunch (2oz) <i>Fruit Cup</i> <i>GingerGold Apple</i>	6-Mar Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) Or Team Cheerios Cereal Bar W.G. Cheez-it Crackers <i>100% Fruit Juice</i> <i>Red Seedless Grapes</i>	7-Mar Strawberry Danimals Or Triple Cherry Yogurt Parfait & Fieldstone Granula Bar 1 Ea=1 oz eq Grain Or Honey Cheerios Cereal Bowl (2oz) <i>Dried Apricot/Banana</i>
10 W.G Cocoa Puffs Cereal Bar Or <i>Trix Cereal Kit</i> <i>W.G Animal Crackers</i> <i>100% Fruit Juice</i> <i>Red Apple Delicious</i>	11 W.G Cocoa Puffs Bowl (2oz) Or Blueberry Lemon Bar W.G Goldfish Crackers <i>Peach Fruit Cup</i> <i>blueberries</i>	12 Cocoa Puffs Cereal Bar(10z) Vanilla ChatSnax Grahams Or W.G Fully curved croissant with American Cheese <i>100% Apple Juice</i> <i>Choice of Fruit Cup</i>	13 Hot Breakfast Choice Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) W.G Zaatar Pie (2oz.eq Gr) Or Cinnamon Taost Crunch Cereal Bowl (2oz) <i>Banana/ 100% Juice</i>	14 Strawberry Banana Trix Yogurt Parfait & Fieldstone Granula Bar 1 Ea=1 oz eq Grain Or Buttery Maple Waffle <i>Banana</i> <i>Fresh Strawberries</i>
17 Strawberry Nutrigrain Bar W.G Cheez-it Crackers Or Apple Oatmeal Bar W.G Cheez-it Crackers <i>Gala Apple</i> <i>Ginger Gold Apple</i>	18 Cocoa Puffs Cereal Kit W.G Cheez-it Crackers 100% Apple Juice Or Mini Choc Chip Muffin W.G Sweet Crackers <i>Pineapple Fruit Cup</i> <i>Green Pears</i>	19 Blueberry Nutrigrain Bar Rice Chex Cereal (10z) Or W.G Fully curved croissant with Lite Cream Cheese <i>100% Apple Juice</i> <i>Banana</i>	20 Cocoa Puffs Cereal Kit W.G Cheez-it Crackers 100% Apple Juice or Cheerios Cereal Bowl(10z) Blueberry Nutrigrain Bar <i>100% Fruit Juice</i> <i>Green Seedless Grapes</i>	21 1/2 day for students & Staff Strawberry Yogurt W.G Cheez-it Crackers Or Mini Blueberry Muffin W.G Sweet Crackers <i>Fresh Fruit</i> <i>Fruit Cup</i>
24	25	26	27	28

NO SCHOOL



Eating Breakfast will improve your: Mood, Ability to Focus, Energy Levels, and Ability to make healthy choices
Soy and/or Almond Milk are always available.

Breakfast Provides Benefits...Make it a Priority!
 Research has proven that students who eat breakfast have higher math and reading scores.

