



# Universal Academy

## September 2024 GSRP LUNCH MENU



All Meats & Poultry are **HALAL**  
 Students & Teachers enjoy a Family Style Breakfast & Lunch.  
 Snacks are served to all Students.  
 This institution is an equal opportunity Provider and Employer

Milk Choice of 1% White is served with each Meal  
 Fruit Varieties are served with each Meal (Fresh, Canned, Frozen)  
 Lunch Served Monday-Thursday



MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

How was your lunch Today???  
 Drop us a note let us know !!!  
 Suggestions are Welcome !!!



If you need any further Information, Please contact- Mrs. Salma Koubaa at (313)581-5006 Ext.120

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4 Half Day No Lunch Breakfast Only	5 Hot Dog W.G Bun Baked Waffle Fries Banana	6 Half Day No Lunch Breakfast Only
9 Chicken Patties W.G Bun Baked Fries Apple	10 Beef TACO Melted Cheese Nacho Tortilla Chips Marinara Sauce Fruit	11 W.G Cheese Pizza Carrots Fruit	12 Grilled Cheese Swd Steamed Broccoli Red Grapes	13 Half Day No Lunch Breakfast Only
16 Turkey & Cheese W.G Bagel Baked Fries Watermelon	17 Lamb Haneeth W.G Steamed Rice Zucchini Orange Slices	18 W.G Cheese Pizza Hummus Fruit cup	19 Chicken Nuggets Breadstick Sweet Potatoes Watermelon	20 Half Day No Lunch Breakfast Only
23 Cheese Breadsticks Marinara Sauce Fruit cup	24 W.G Soy butter & Jelly swd Baked Potatoes Cantaloupe	25 W.G Cheese Pizza Carrot Sticks Apple	26 Vegetarian Chicken Nuggets Onion rings red seedless Grapes	27 Half Day No Lunch Breakfast Only
30 Hamburger W.G Bun Baked Potatoes Diced Fruit Cup	1-Oct Bean Burrito Swd Kidney Beans Sliced Oranges	10/2/2024 *count day* W.G Cheese Pizza Caesar Salad/Dip Apple slices W.G Oatmeal Choc chip cookie	3-Oct Chicken Patties W.G Bun Coleslaw Salad Strawberries	4-Oct Half Day No Lunch Breakfast Only

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.