Universal Academy November 2024 Prek LUNCH MENU





All Meats & Poultry are HALAL

Students & Teachers enjoy a Family Style Breakfast & Lunch.

Snacks are served to all Students.

This institution is an equal opportunity Provider and Employer

Milk Choice of 1% White is served with each Meal Fruit Varieties are served with each Meal (Fresh, Canned, Frozen) **Lunch Served Monday-Thursday**



MENU IS SUBJECT TO **CHANGE WITHOUT NOTICE**

How was your lunch Today??? Drop us a note let us know !!! Suggestions are Welcome !!!



If you need any further Information, Please contact-Mrs..Salma Koubaa at (313)581-5006 Ext.120

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					Half Day No Lunch
	4 Meat Shawarma (Beef) Hummus Dip Croutons Bread Banana	Staff PD	Domino's Cheese Pizza Sweet Steamed Corn Fresh Apple	Turkey and Cheese W.G Bagel Coleslaw Salad Banana	Half Day Students & Staff No Lunch
	11 Cheese Breadsticks Marinara sauce Fruit Cup	Hot Dog/ W.G Bun Baked Fries Clementine	Cheese Pizza (1/8c R/O) Baby Carrots Fresh Apple	Chicken Tenders W.G Dinner Roll Steamed Green Beans Fresh Apple	Half Day No Lunch
)	18 Bean Burrito Swd Baked Fries Kiwi	Lamb Haneeth Cubed Butternut Squash (1/2c) Red Apple	20 Cheese Pizza Dominos Ceasar Salad Pineapple chunks	Chicken Patties W.G Bun Celery Sticks Banana	Half Day No Lunch
	25 Macaroni and Cheese Broccoli Fresh Orange	Hamburger W.G Bun Sweet Potatoes Fruit Cup	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break

Different colored fruits and veggies contain different vitamins & minerals. You should have 2 servings of low glycemic fruits per day. Examples of low glycemic fruits include: berries, apple, orange, pear, peach, nectarine, plum and cherries.