



UNIVERSAL ACADEMY

February 2025 K-12 BREAKFAST MENU



- Cereal Choices**
 Trix Bowl / Bar
 Coco Puffs/Bar
 Cheerios Mix
 Rice Chex
 Yogurt Parfait
 Straw. Banana
 Raspberry
 Vanilla
- Muffin Choices**
 Chocolate Chip
 Blueberry
 Apple cinnamon
 Donut Choices
 Powdered

This institution is an equal opportunity Provider

All Meals are served With 100% Juice and Fruit (fresh, Canned, Dried, or Frozen) Students **MUST** take Fruit and/or Juice with their

Milk Choice of 1% low-fat Chocolate, 1% low-fat unflavored, 1% low-fat Strawberry or Soy are served with each Meal

BREAKFAST PRICES FREE FOR ALL STUDENTS
 Additional Breakfast Meal may be purchased at A la Carte price.
 Breakfast Served M-F

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Let us hear from you How was your breakfast today ? Suggestions are welcome!!!

If you need any further information, Please contact Mrs. Salma Koubaa at (313)581-5006 Ext. 120

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3-Feb W.G Mini Pancake Bites Or Apple Oatmeal Bar W.G Goldfish Crackers <i>Apple Banana Bar</i> <i>100% Mango Juice</i>	4-Feb W.G Bagel (2oz) & Egg Omlet (1/2 Ea) Or Apple Oatmeal Bar W.G Scooby-Doo Crackers <i>Pears/100%Fruit juice</i>	5-Feb Cheerios Cereal Bowl W.G Cheez-it Crackers Or Wild Blueberry Muffin (2oz) <i>Mandarin Fruit Cup</i> <i>GingerGold Apple</i>	6-Feb Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) W.G Zaatar Pie (2oz.eq Gr) Rice Chex Cereal /Crackers <i>100% Fruit Juice</i> <i>Red Seedless Grapes</i>	7-Feb Raspberry Rainbow Or Triple Cherry Yogurt Parfait With Toasted Oat Granula Or Honey Cheerios Cereal Bowl (2oz) <i>Blueberries/Banana</i>
10 W.G Cocoa Puffs Cereal Bar Or <i>Trix Cereal Kit</i> <i>W.G Animal Crackers</i> <i>100% Fruit Juice</i> <i>Red Apple Delicious</i>	11 W.G Cocoa Puffs Bar (2oz) Or W.G Apple Cinnamon Muffin (2oz) Or Blueberry Lemon Bar W.G Goldfish Crackers <i>Banana blueberries</i>	12 SUPPLEMENTAL COUNT DAY Cocoa Puffs Cereal Bar(10z) Vanilla ChatSnax Grahams Or W.G Fully curved croissant with American Cheese <i>100% Apple Juice</i> <i>Sour watermelon raisins</i>	13 Hot Breakfast Choice Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) W.G Zaatar Pie (2oz.eq Gr) Or Cinnamon Taost Crunch Cereal Bowl (2oz) <i>Strawberries/ 100% Juice</i>	14 1/2 day for students & Staff Danimal Strawberry or Strawb.Yogurt Parfait Fieldstone Granula Bar 1 Ea=1 oz eq Grain Or Buttery Maple Waffle <i>Banana</i> <i>Red Seedless Grapes</i>
17	18	19	20	21

NO SCHOOL

24 Goodyman mini donuts  Or Apple Oatmeal Bar W.G Cheez-it Crackers <i>Gala Apple</i> <i>Ginger Gold Apple</i>	25 Cinn Sweet snack Waffles  <i>Trix Cereal kit with Animal Crackers & 100% Apple Juice</i> <i>Fresh Fruits</i> <i>Sour Watermelon Raisins</i>	26 Cocoa Puffs Cereal Kit Cheez-it Crackers 100% Apple Juice Or W.G Fully curved croissant with American Cheese <i>100% Apple Juice</i> <i>Banana</i>	27 Hot Breakfast Choice Meat Pie (1 oz.eq Gr+1 M/MA) Cheese Pie (1 oz.eq Gr+1 M/MA) W.G Zaatar Pie (2oz.eq Gr) Or Strawberry Nutrigrain Bar W.G Cheez-it Crackers <i>Red Grapes/Green Grapes</i>	28 Vanilla Yogurt W.G Goldfish Crackers Or Mini Blueberry Muffin W.G Sweet Crackers <i>Raspberries</i> <i>Blueberries/Banana</i>
--	--	--	--	---



Eating Breakfast will improve your: Mood, Ability to Focus, Energy Levels, and Ability to make healthy choices
Soy and/or Almond Milk are always available.

Breakfast Provides Benefits...Make it a Priority!
 Research has proven that students who eat breakfast have higher math and reading scores.